**Students are required to submit 8 hours of community service each semester!** Community service is a way to give back to your community, become involved and learn more about potential careers. It is also a great way to meet new people and learn about your community. Below you will find opportunities in your local community!

| **Semester/Trimester** | **Deadline** | **Timeframe for Completion** |
| --- | --- | --- |
| **Summer 2023** | April 3, 2023 by 11:59 PM CT | November 2, 2022-April 3, 2023 |
| **Fall 2023** | July 5, 2023 by 11:59 PM CT | November 2, 2022-July 5, 2023 |
| **Spring 2024** | December 1, 2023 by 11:59 PM CT | July 6, 2023-December 1, 2023 |

**Don’t forget to submit!** Visit [**tnachieves.org/community-service/submit-cs-hours/**](https://tnachieves.org/community-service/submit-cs-hours/) and complete the form entirely.

| **Salvation Army - Murfreesboro, TN** |
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| ***Food Insecurity***   * **Point of Contact:** Kim Wilson * **Email:** [Kim.Wilson@uss.salvationarmy.org](mailto:Kim.Wilson@uss.salvationarmy.org) * **Phone Number:** (615) 895-7071 * **Best way to sign up:** Contact Kim Wilson by phone for instructions for accessing the website.   **Description:** Volunteers can help with kitchen duties such as meal prep, meal servers, and kitchen assistants. They can also volunteer as front desk volunteers, bell ringers, and pantry organizers. |
| **Feed the Children** |
| ***Food Insecurity***   * **Point of Contact:** Aieshia Johnson * **Email:** [aieshia.johnson@feedthechildren.org](mailto:aieshia.johnson@feedthechildren.org) * **Phone Number:** (615) 307-4679 * **Best way to sign up:** Contact Aieshia by phone or email   **Description:** Volunteers can build boxes filled with food and essentials that will be delivered to families in need across the United States. Volunteers make our food distribution programs possible by sorting and screening products and helping assemble boxes loaded with much-needed food and essentials. |
| **TN Valley Healthcare System** |
| ***Healthcare***   * **Point of Contacts:** Les Moore, Adam Sykes, Danielle Hester * **Email:** [leslie.moore3@va.gov](mailto:leslie.moore3@va.gov) * **Phone Number**: (615) 225-6497 * **Best way to sign up:** Phone   **Description:** TN Valley Health Care offers an ambassador program for volunteers to help escort Veterans to appointments, and assist with general office work. |
| **Alvin C. York VA Medical Center in Murfreesboro** |
| ***Healthcare***   * **Point of Contact:** Les Moore * **Phone Number:** (615) 225-6497 ext: 22690 * **Best way to sign up:** Phone   **Description:** Short-term volunteers can work in the Center for Development and Engagement helping to sort and organize donations, folding letters for mailouts, etc. For students interested in longer-term assignments, we have a variety of positions available including serving as a friendly visitor, volunteer Ambassadors (pushing patients in wheelchairs throughout the medical center and providing directional assistance), providing clerical assistance, etc. College students may also have an opportunity to volunteer in their area of career interest. Examples include pharmacy, physical therapy, occupational therapy, and medicine. |
| **Second Harvest Food Bank of Middle TN** |
| ***Food Insecurity***   * **Point of Contact:** Xavie Rolon, Program Coordinator, Volunteer Engagement * **Email:** [volunteer@secondharvestmidtn.org](mailto:volunteer@secondharvestmidtn.org) * **Phone Number:** (615) 627-1581 * **Best way to sign up:** Volunteers must create an account below to sign up for shifts. Unless you are volunteering at our Nashville location, do NOT click “I am a Tennessee Promise student” when creating your account. * **Website:** <https://secondharvestmidtn.volunteerhub.com/vv2/>   **Description:** Volunteers are needed to assist Second Harvest Food Bank of Middle TN with sorting and packing donated food in our warehouse which helps to provide millions of meals each month to our hungry neighbors in middle and west Tennessee. Students volunteering at the Nacarato Family Distribution Center in Smyrna are welcome to sign up for any available Food Sorting shifts at this location to receive credit for service hours. Due to safety concerns, all volunteers must wear closed-toed shoes (no sandals or flip flops) and clothes appropriate to work in a warehouse environment. It is also recommended to bring a sweatshirt and long pants in case you are needed to work in the 40-degree cooler. When submitting your TN Promise community service hours, please list Xavie Rolon as your supervisor. |
| **Boys & Girls Clubs of Rutherford County** |
| ***General Community Support***   * **Point of Contact:** Shalonda Brown, Brittany Montgomery * **Email:** [Shalonda.Brown@bgcrc.net](mailto:Shalonda.Brown@bgcrc.net), [brittany.montgomery@bgcrc.net](mailto:brittany.montgomery@bgcrc.net) * **Phone Number:** (615) 984-4087 * **Best way to sign up:** Call or email   **Description:** Volunteers needed to help with tutoring, homework, and general programming. |
| **Adoration Hospice** |
| ***Healthcare***   * **Point of Contact:** Anjanette Sammons * **Email:** [anjanette.sammons@adorationhealth.com](mailto:anjanette.sammons@adorationhealth.com) * **Phone Number:** (615) 733-3600 * **Best way to sign up:** Call or email   **Description:** Volunteers are needed to either sit with patients or to do some administrative duties. Flexible times available. \*must be able to pass a drug screen! |
| **Humane Society of Tennessee Valley** |
| ***Animal Welfare***   * **Email:** [paws@rutherfordcountytn.gov](mailto:paws@rutherfordcountytn.gov) * **Phone Number:** (615) 898-7740 * **Best way to sign up:** Phone Call   **Description:** Help maintain high-quality care of animals and life-saving work. There are numerous ways you can volunteer at the shelter! |
| **Nourish Food Bank** |
| ***Food Insecurity***   * **Phone Number:** (615) 203-3963 * **Best way to sign up:** Phone Call * **Website:** <https://www.thestore.org/>   **Description:** Assist with donations and bulk deliveries. Check dates, sort, stock, organize, and transport items throughout the distribution site. Volunteers are also needed to pick up food drives, donations, grocery excess, or bulk items from locations around our sites. |
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| **Center for the Arts** |
| ***General Community Support***   * **Phone Number:** (615) 904-2787 * **Best way to sign up:** Phone Call   **Description:** Volunteers would be responsible for assisting with mailing, office, special projects, concessions, and more. |
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| **Greenhouse Ministries** |
| ***General Community Support***   * **Phone Number:** (615) 494-0499 * **Best way to sign up:** Phone Call   **Description:** Volunteer opportunities include personal shoppers, sorting donations, stocking the food pantry, assisting in the garden patch, and assisting with special events/projects. |
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| **Rutherford County Habitat for Humanity** |
| ***Community Beautification***   * **Point of Contact:** Megan Hutchings * **Email:** [megan@rchfh.org](mailto:megan@rchfh.org) * **Phone Number:** (615) 890-5877 * **Best way to sign up:** Contact Megan Hutchings at 615.890.5877 ext. 106   **Description:** There are several opportunities to build or repair homes with families, in addition, to volunteer work opportunities at a local Habitat ReStore. Students should note that opportunities depend on availability, schedule, and type of project. Opportunities are available with the ReStore and on job sites. |
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| **Boys & Girls Clubs of Rutherford County** |
| ***General Community Support***   * **Phone Number:** (615) 893-5437 * **Best way to sign up:** Call/website link * **Website:** <https://www.bgcrc.net/volunteer/>   **Description:** Volunteers can help with homework, coach a game, or teach an art project, and you’ll have the opportunity to build healthy relationships with young people eager for adult guidance and have a positive impact on their lives. |
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| **Linebaugh Public Library** |
| ***General Community Support***   * **Point of Contact:** Shasta Howe * **Email:** [showe@rclstn.org](mailto:showe@rclstn.org) * **Best way to sign up:** To sign up, an online application must be filled out. It can be found on the Volunteer page of our website under the About Us tab. * **Website:** <https://rclstn.org/about-us-0?qt-guide=8#qt-guide>   **Description:** TN Promise volunteers generally work with the Circulation Department, but may be asked to complete tasks for other departments. Assignments may include shelving materials, reading shelves (making sure things are in the correct order and straightening up), pulling books that have been reserved, cleaning, shredding paperwork, assisting with library events, and other tasks as needed. |
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| **Feed America First** |
| ***Food Insecurity***   * **Point of Contact:** Michelle Olsen * **Email:** [michelleolsen@feedamericafirst.com](mailto:michelleolsen@feedamericafirst.com) * **Phone Number:** (931) 993-4715 * **Best way to sign up:** Call/Email   **Description:** Students can assist in packing and sorting food into boxes to distribute to our ministry partners. |
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| **Nourish Food Bank** |
| ***Food Insecurity***   * **Point of Contact:** Dexter Oneal * **Email:** [dexter@nourishfoodbanks.org](mailto:dexter@nourishfoodbanks.org) * **Phone Number:** (615) 482-7980 * **Best way to sign up:** Website * **Website:** [Nourishfoodbanks.org](http://nourishfoodbanks.org)   **Description:** At this location, volunteers will assist with donations and bulk deliveries. Volunteers will check expiration dates, sort, stock, organize, and transport items throughout the distribution site. |
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