**Students are required to submit 8 hours of community service each semester!** Community service is a way to give back to your community, become involved and learn more about potential careers. It is also a great way to meet new people and learn about your community. Below you will find opportunities in your local community!

| **Semester/Trimester** | **Deadline** | **Timeframe for Completion** |
| --- | --- | --- |
| **Summer 2023** | April 3, 2023 by 11:59 PM CT | November 2, 2022-April 3, 2023 |
| **Fall 2023** | July 5, 2023 by 11:59 PM CT | November 2, 2022-July 5, 2023 |
| **Spring 2024** | December 1, 2023 by 11:59 PM CT | July 6, 2023-December 1, 2023 |

**Don’t forget to submit!** Visit [**tnachieves.org/community-service/submit-cs-hours/**](https://tnachieves.org/community-service/submit-cs-hours/) and complete the form entirely.

| **Community Resource Center**  |
| --- |
| ***General Community Support**** **Point of Contact:** Grace Niazi
* **Email:** gracen@crcmidtn.org
* **Phone Number:** (615) 291-6688
* **Best way to sign up:** Email
* **Website:** <https://crcncc.org/>

**Description:** The Community Resource Center provides basic essentials and small luxuries that improve the lives of Nashville's most vulnerable neighbors. The Community Resource Center is in need of students who would like to volunteer to sort brand new donations and help get them put out on shelves for our nonprofits to take. The volunteer will be sorting new donations from companies like Cracker Barrel and Dollar Tree.  |
| **Nashville VA Medical Center** |
| ***Healthcare**** **Point of Contact:** Gladys Rudd
* **Email:** gladys.rudd@va.gov
* **Phone Number:** (615) 873-6978 ext. 66978
* **Best way to sign up:** Phone call
* **Website:** <https://www.va.gov/tennessee-valley-health-care/locations/nashville-va-medical-center/>

**Description:** Volunteers will be asked to assist in the Voluntary Service Office helping to sort and organize donations, folding letters for mail outs, etc. For students interested in longer term assignments, a variety of positions are available including serving as a friendly visitor, volunteer Ambassadors (pushing patients in wheelchairs throughout the medical center and providing directional assistance), providing clerical assistance, etc. College students may also have an opportunity to volunteer in their area of career interest. Examples include pharmacy, physical therapy, occupational therapy and medicine. |
| **Strings for Hope**  |
| ***General Community Support**** **Email:** info@stringforhope.com
* **Best way to sign up:** Email
* **Website:** <https://stringsforhope.com/pages/volunteer>

**Description:** Strings for Hope proudly introduces great pieces of wearable art composed from recycled strings from musical instruments donated by some of the country's most talented musicians. Volunteers are needed to help sort and organize this donated string. |
| **Salvation Army** |
| ***General Community Support**** **Point of Contact:** Sarah Martino
* **Email:** sarah.Martino@uss.salvationarmy.org
* **Phone Number:** (615) 416-3175
* **Best way to sign up:** Website
* **Website:** <https://www.salvationarmynashville.org/volunteer>

**Description:** A wide variety of volunteer opportunities are offered at Salvation Army. All volunteer opportunities are listed on the website above.  |
| **Second Harvest Food Bank of Middle TN**  |
| ***Food Insecurity**** **Point of Contact:** Xavie Rolon
* **Email:** volunteer@secondharvestmidtn.org
* **Phone Number:** (615) 627-1581
* **Best way to sign up:** Website
* **Website:** <https://www.secondharvestmidtn.org/act/volunteer/>

**Description:** Volunteers are needed to assist Second Harvest Food Bank of Middle TN with sorting and packing donated food in the warehouse which helps to provide millions of meals each month to our hungry neighbors in Middle and West Tennessee. |
| **Hands on Nashville** |
| ***General Community Support**** **Email:** hon@hon.org
* **Phone Number:** (615) 298-1108
* **Best way to sign up:** Phone call or website
* **Website:** <https://www.hon.org/search>

**Description:** Hands On Nashville connects volunteers of all ages to more than 300 service projects each month. Multiple opportunities are available daily, and range from swim-lessons, to tutoring, to working in community gardens. There is truly something for everyone! |
| **The Store** |
| ***Food Insecurity**** **Point of Contact:** Mari Clare Derrick
* **Email:** Mariclare@thestore.org
* **Phone Number:** (615) 460-8331
* **Best way to sign up:** Via Hans on Nashville online calendar: <https://www.hon.org/calendar>
* **Website:** <https://www.thestore.org/>

**Description:** The Store operates as a year-round free grocery store allowing people to shop for their basic needs. Volunteers are needed to help with stocking shelves, greeting customers, helping customers while they shop, checking customers out, bagging groceries, cleaning around the store, and other miscellaneous tasks as needed. |
| **Adventure Science Center** |
| ***Food Insecurity**** **Email:** lcalhoun@adventuresci.org
* **Phone Number:** (615) 401-5099
* **Website:** <https://adventuresci.org>

**Description:** A not-for-profit educational institution dedicated to igniting curiosity and inspiring the lifelong discovery of science. With 44,000 square feet of exhibit space, the Center features nearly 175 hands-on exhibits focused on biology, physics, visual perception, listening, mind, air and space, energy, and earth science. Volunteers are needed to get involved with Adventure Science Center through a variety of volunteer opportunities throughout the year.  |
| **Preston Taylor Ministries** |
| ***General Community Support**** **Point of Contact:** Nina Borum
* **Email:** Nina@prestontaylorministries.org
* **Phone Number:** (615) 963-3996
* **Best way to sign up:** Online. Call Nina Borum for more info.
* **Website:** <https://prestontaylorministries.org>

**Description:** Preston Taylor Ministries is an afterschool ministry that empowers more than 200 children and youth through spiritual formation, homework help, literacy intervention and mentorship. Volunteers are needed M-F to serve in various roles such as sports coaches, homework helpers and enrichment assistants.  |
| **Community Resource Center** |
| ***General Community Support**** **Point of Contact:** Cesar Orta-Tavera
* **Email:** hello@crcnashville.org
* **Phone Number:** (615) 291-6688
* **Best way to sign up:** Register for a Volunteer Account online.
* **Website:** <https://www.hon.org/organization/001A000000mJ3Y1IAK>

**Description:** Davidson County Community Resource Center's goal is to provide new household merchandise to those who cannot otherwise afford them, to facilitate the donation of excess inventory, furniture, and appliances from the corporate world to nonprofit agencies, and to raise public awareness about nonprofit needs and to promote the donation of in-kind goods and volunteer resources to meet those needs. CRC partners with Hands on Nashville to provide a variety of volunteer opportunities. |
| **The Nashville Food Project** |
| ***Food Insecurity**** **Point of Contact:** Dalia McCoy
* **Email:** dalia@thenashvillefoodproject.org
* **Phone Number:** (615) 460-0172
* **Best way to sign up:** Sign up for POINT App: <https://dash.pointapp.org/sign-up>
* **Website:** <https://www.thenashvillefoodproject.org/givetime>

**Description:** The Nashville Food Project is a community food project that brings people together to grow, cook and share nourishing food. Volunteers will help connect people to nutritious food and to each other through vibrant urban agriculture projects, made-from-scratch meals cooked in our kitchens, and food shared with local poverty-disrupting partners. |
|  |
| **FiftyForward** |
| ***Healthcare**** **Point of Contact:** Robin Johnson
* **Email:** rjohnson@fiftyforward.org
* **Phone Number:** (615) 743-3424
* **Best way to sign up:** Contact via phone or email.
* **Website:** <https://fiftyforward.org/>

**Description:** Through seven locations and a variety of programs in Davidson and Williamson counties, Volunteers needed to help provide enrichment opportunities for adults 50 and older to remain engaged in living their lives to the fullest. |
| **Open Table Nashville** |
| ***General Community Support**** **Point of Contact:** Liz Shadbolt
* **Email:** volunteer@opentablenashville.org
* **Best way to sign up:** Email
* **Website:** <http://opentablenashville.org/>

**Description:** Open Table Nashville is a non-profit, interfaith organization that disrupts cycles of poverty, journeys with the marginalized, and provides education about issues of homelessness. We host Resource Shelters bi-weekly to work on starting the housing process, and education sessions about breaking cycles of poverty. Volunteers needed to serve at our Resource Shelters held at 3 different sites on the 2nd and 4th Fridays of each month. Volunteers needed for: Set Up Team (help set up beds, tables, etc.; 5:15pm-6:30pm) Welcome Table Host (greet and sign in our shelter guests; 5:30pm-7pm) - Haircuts and Foot Clinics (6pm-8:30pm) - Floater Volunteers/Active Listeners (serve as a listening/conversation partner for some of our friends at the shelter, help with last minute volunteer needs; anytime between 5:30pm and 8:30pm) - Dinner/Breakfast (provide meal for about 20 people; Dinner 5pm-8pm; Breakfast drop off anytime after 5pm) - Innkeepers (stay the night at the shelter with another volunteer; 8pm-8am) - Laundry (do laundry after the shelter before the next shelter; pickup after 8am next morning) Additionally, volunteers needed for projects on weekends and evenings throughout the year.  |
| **Taylor & Taylor Family Resource Center** |
| ***General Community Support**** **Point of Contact:** Angel Carter
* **Email:** angel@taylor-taylorfrc.org
* **Phone Number:** (615) 308-4522
* **Best way to sign up:** Call and request a schedule.
* **Website:** <https://taylor-taylorfrc.org/>

**Description:** Volunteers needed in August, October, and December. In August, volunteers will help celebrate back to school with a backpack and supplies giveaway. In October, volunteers will assist with senior Citizen Outreach and Uplift by making necessity baskets for seniors within various committees. In December, volunteers are needed for The Gift of Giving M.O.R.E, and provide Christmas gifts to underserved families. |
| **Legacy Builders Generation** |
| ***General Community Support**** **Point of Contact:** Tony Varnell
* **Email:**Iamalegacyman1@gmail.com
* **Phone Number:** (615) 877-0835
* **Best way to sign up:** Email
* **Website:** <https://iamalegacyman.com/whatweredoing>

**Description:** Our mission at Legacy Builders Generation is to to help young men, especially those who need us most, build strong character and realize their full potential as responsible citizens and leaders. Volunteers needed to serve in community events. |
|  |
|  |
|  |