

## 2017 tnAchieves Community Service Days

The events/organizations listed below are simply provided as an option for you. You are welcome to discover your own community service opportunities.

To learn more about each community service opportunity, access contact information and view additional opportunities, please visit:

[www.tnAchieves.org/community-service](http://www.tnAchieves.org/community-service)

County	Organization Name	Date	Time	County	Organization Name	Date	Time
Anderson	Blossom Center	April 15, 2017	8 AM-5 PM	Knox	Westminster Presbyterian Church	June 3, 2017	9 AM-4 PM
Anderson	Lavender Festival	June 17, 2017	8 AM-3 PM	Loudon	Loudon County Shrine Club	May 6, 2017	8 AM-2 PM
Bedford	Duck River Clean-up	June 24, 2017	7 AM-1:30 PM	Macon	Southern STARRS	Every Saturday	8:30 AM-11 AM
Benton	Boys & Girls Club	May 6, 2017	9 AM-1 PM	Madison	Madison County Relay For Life	May 12, 2017	5 PM-11 PM
Blount	Relay for Life	May 5, 2017	5 PM-10 PM	Marshall	Henry Horton State Park	June 3, 2017	8 AM-12 PM
Bradley	Cleveland Bradley County Public Library	June 3, 2017	2 PM-4 PM	McMinn	Law Offices of Andrew E. Bateman, PLLC	April 11, 2017	9:00 AM
Carter	Relay for Life	June 23, 2017	5 PM-10 PM	McMinn	United Way	May 18, 2017	8 AM-4 PM
Carter	Second Harvest Food Bank	May 20 & June 17, 2017	9 AM-12 PM	McMinn	Niota Elementary School	June 1, 2017	9 AM-2 PM
Claiborne	Upper Room Ministries	June 10, 2017	10:00 AM	Monroe	Friends of the Vonore Public Library	April 3, 2017	8 AM-5 PM
Coffee	Tulahoma Community Prayer Garden	May 6, 2017	9 AM-5 PM	Morgan	Morgan County Tourism Alliance	May 6, 13, 20, & 27, 2017	12 PM-9 PM
Cumberland	Cumberland Mountain State Park	June 10, 2017	8:30 AM-4:30 PM	Morgan	Sunbright High School Alumni Association	May 27, 2017	6 PM-10 PM
Cumberland	Cumberland Business Incubator	June 19-23, 2017	8 AM-4 PM	Putnam	Putnam Co. Habitat for Humanity	May 24, 2017	8:30 AM-3:30 PM
Davidson	Fed. of Middle TN-Israel Independence Day	May 7, 2017	10 AM-3 PM	Putnam	Relay for Life	June 9, 2017	6:00 PM
Davidson	Open Table Nashville	June 9 & June 23, 2017	5 PM-8 PM	Robertson	Kilgore Station Bluegrass Festival	April 29, 2017	10 AM-10 PM
Davidson	Radnor Lake State Park	May 27, 2017	8 AM-12 PM	Rutherford	United Way of Rutherford and Cannon counties	April 6, 2017	8 AM-12 PM
Franklin	Fellowship of Christian Athletes Banquet	April 24, 2017	6 PM-8:30 PM	Sevier	Seven Islands State Birding Park	May 20, 2017	9:30 AM-12:30 PM
Giles	AvKARE, Inc.	April 12, 2017	9 AM-12 PM	Shelby	Memphis Farmers Market	April 7, 2017	6 AM-1:30 PM
Greene	US Forest Service	June 3, 2017	8 AM-4:30 PM	Shelby	Relay for Life	April 8, 2017	2:00 PM
Hickman	East Hickman High School- Jr./Sr. Prom	April 21, 2017	3:30 PM-11 PM	Shelby	T.O. Fuller State Park	June 10, 2017	9:45 AM-11:45 AM
Houston	Irish Day Celebration	March 17, 2017	7 AM-3 PM	Sullivan	Second Harvest Food Bank	May 20 & June 17, 2017	9 AM-12 PM
Humphreys	Johnsonville State Historic Park	June 3, 2017	10:00 AM	Sullivan	Holston Habitat for Humanity	May 12, 2017	9:30 AM-5:30 PM
Jefferson	Panther Creek State Park	June 10, 2017	10 AM-2 PM	Sullivan	Relay for Life	May 5 & June 2, 2017	5 PM-10 PM
Knox	Historic Ramsey House	April 8, 2017	10:30 AM-2:30 PM	Sumner	Gallatin Beautiful	April 22, 2017	9 AM-12 PM
Knox	Concord Methodist Church-Community Garden	April 13, 2017	4 PM-6 PM	Washington	Relay for Life	June 10, 2017	5 PM-12 AM
Knox	Rossini Opera Festival	April 22, 2017	9 AM-9 PM	Washington	Rocky Fork State Park	June 17, 2017	8 AM-12 PM
Knox	Young Professional Knoxville Civitan Club	April 15, 2017	9 AM-12 PM	Williamson	Fifty Forward	June 20, 2017	10:30 AM-1:30 PM
Knox	March of Dimes	April 29, 2017	8 AM-2 PM	Wilson	Tachi-S Automotive Seating	April 29, 2017	9 AM-3:30 PM
Knox	South College	May 13, 2017	8 AM-12 PM	Wilson	Cedars of Lebanon State Park	May 13, 2017	9 AM-12 PM

### TN Promise Service Saturday—June 24, 2017

On Saturday, June 24, 2017, Tennessee State Parks will be hosting events for TN Promise students to complete their required community service hours. Students can learn more about and register for the events by visiting [TNStateParks.com](http://TNStateParks.com).



# Goal Setting Activity

What do you want to achieve? What steps do you need to take to get there? Setting specific goals can motivate and encourage you to grow and succeed. It can help you focus, not only as you start your first semester of college but throughout your career as well. This activity is designed to help you think through the specific steps you need to take to graduate from college.

**1. Decide exactly what you want.** Be specific. How long do you have to accomplish your goal?

**Goal: Graduate from college with a degree in \_\_\_\_\_ semesters/trimesters.**

Degree	Number of semesters/trimesters until you graduate (Only taking required 12 credit hours/ semester and passing every class)*	Number of semesters/trimesters until you graduate (Taking 15 credit hours/ semester and passing every class)*
Certificate	1-6 Trimesters (3-24 months)	1-6 Trimesters (3-24 months)
Associate's Degree	5 Semesters (2.5 years)	4 Semesters (2 years)
Bachelors Degree	10 Semesters (5 years)	8 Semesters (4 years)

\* If you have to re-take a class or change your major, these timelines would be extended. These timelines are also dependent upon your program of study.

**2. Break a long-term goal down into several short-term goals. This will motivate you to stay on track.** Develop two short-term goals. These short-term goals are necessary to meet your long-term goal.

**Short-term goal 1:** \_\_\_\_\_

**Short-term goal 2:** \_\_\_\_\_

**3. Track your progress.** What could get in your way? Use the space below to write down some potential challenges and brainstorm how you would overcome those challenges to stay on track and meet your long-term goal.

**Challenge:**

Opportunities to overcome:

**Challenge:**

Opportunities to overcome:

**Challenge:**

Opportunities to overcome:

# Summer Bridge Program

The Summer Bridge Program is a **FREE** three-week program designed to help incoming students start on a more college-ready level, both academically and socially.

## Is the Summer Bridge Program for me?

If you answer "yes" to either of the following questions, the Summer Bridge Program is for you!

- Did you score below a 19 on the reading or math section or below an 18 on the English section of the ACT?
- Do you want to begin college more prepared?

The Summer Bridge Program is designed to help students potentially test out of learning support classes and enroll in college level classes in the Fall.

## Program Details

For three weeks you will travel to a community college campus and receive math, reading, and English instruction. Also, you will participate in a Lunch and Learn each day, where you will receive college and career success tips. Lunch will be provided for you.

## Success

**49%** of students tested out of either some or all of their required learning support classes.

**40%** of those who did not test out improved in at least one subject, making them more prepared for their first semester of college!

## Apply

Visit [tnAchieves.org](http://tnAchieves.org) to complete an application. Each Summer Bridge Program is first come, first served, so complete an application soon! The deadline to apply will be one month from the beginning of the individual program.

### June 5-23

Chattanooga State (Main campus)  
Columbia State (Columbia)  
Nashville State (Main campus)  
Southwest Tennessee (Macon)  
Volunteer State (Cookeville)  
Walters State (Sevier County)

### July 10-28

Cleveland State (Cleveland)  
Dyersburg State (Dyersburg)  
Jackson State (Jackson)  
Motlow State (Moore County)  
Northeast State (Blountville)  
Pellissippi State (Hardin Valley)  
Roane State (Oak Ridge)  
Volunteer State (Gallatin)